

## Top 10 Transition Resources

### Division of Developmental Disabilities (DDD) by the Department of Economic Security (DES)

- A state agency that provides support to individuals with developmental disability. Services may include: respite care, habilitation, attendant care, therapies and after school programs.
- Must be diagnosed with Autism, Cerebral Palsy, Intellectual Disability or Epilepsy to qualify.
- To more, visit: <https://des.az.gov/services/disabilities/developmental-disabilities/individuals-and-families> OR Call: 844-770-9500
- Determine Eligibility: <https://des.az.gov/services/disabilities/developmental-disabilities/determine-eligibility>
- Navigating the System Manual: <http://www.azed.gov/transitionconference/files/2017/08/12-Judy-Lopez-Understanding-DDD-and-Employment-Services-FINAL.pdf>

### Vocational Rehabilitation (VR) by Rehabilitation Services Administration of The Department of Economic Security (RSA-DES)

- A state agency that helps people with disabilities prepare for and find jobs
- Provides Pre-Employment and Transition School to Work services for school-age youth
- To learn more, visit: <https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr> OR Call: 800-563-1221
- To Apply for Pre-Employment Transition Services: <https://des.az.gov/services/employment/rehabilitation-services/vocational-rehabilitation-vr/pre-employment-transition>

### Raising Special Kids (RSK)

- Family-to-Family Health Information Center and Parent Training and Information Center
- For family of youth with disabilities from birth to age 26
- For Transition specific information visit: <http://www.raisingpecialkids.org/resources/transition-to-adulthood/>
- To learn more about all services, visit: <http://www.raisingpecialkids.org/start-here/for-parents-families/>

### Arizona Long Term Care System (ALTCS)

- ALTCS is an Arizona Medicaid program that is designed to help fixed income seniors and other disabled individuals afford the care that they need.
- ALTCS eligibility is based on income and functional/medical needs assessment
- To learn more and apply for benefits, visit: <https://www.altcs.com/> OR Call: 877-236-4752

### Disability Benefits 101 – Arizona (DB101-AZ)

- Gives you tools and information on health coverage, benefits (social security income), and employment to learn how work and benefits go together.
- Allows you to calculate how much income can be earned so you can work without jeopardizing state benefits including social security disability income payments.
- Visit: <https://az.db101.org/>

### Ability 360

- Ability360 offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community.
- Offers numerous programs, services, classes and advocacy for people with disabilities
- To learn more, visit: <https://ability360.org/> OR Call the Main Office at: 602-256-2245

## AZ Able

- Offers ABLE Accounts to Arizonans with Disabilities
- Tax-free savings plan for disability-related expenses. Learn how you can save and invest without losing federal needs-based benefits
- To learn more, visit: <https://az-able.com/>

## 2-1-1 Arizona

- Community information and referral services
- Find referral information for housing, health care, help paying bills, disability related resources and more.
- Visit: <https://211arizona.org/>

## Transfer of Rights Brochure by the Arizona Department of Education

- Understand the legal transfer of rights for youth with disabilities at age 18
- Download Here: <http://www.azed.gov/specialeducation/files/2019/05/Transfer-of-Rights-Brochure-2019.pdf>
- Also visit RSK Legal Options page to learn more about the process of guardianship in the state of Arizona: <http://www.raisingpecialkids.org/resources/transition-to-adulthood/legal-options-at-age-18/>

## Valley Metro

- Valley Metro plans, develops and operates the regional bus and light rail systems and alternative transportation programs for commuters, seniors and people with disabilities.
- System accessibility is a primary mission of Valley Metro. Reduced fees, travel training and alternative transportation options are just some of the services provided.
- Learn more at: <https://www.valleymetro.org/system-accessibility>

## \*Northwest Valley Connect – for our N. Peoria Residents

- Transportation options for Northwest Valley seniors and people with disabilities that live outside of Valley Metro service areas.
- Learn more at: <http://northwestvalleyconnect.org/for-customers/available-transportation-services/>